

THANK YOU for supporting...

ST. MICHAEL CROSS COUNTRY!



...and its Fourth Annual ***HOUR of POWER*** fundraiser!
Wednesday, October 15 at 4:00pm at Bayfront Park!

So... just what is this 'Hour of Power?'...

All 37 (wow!) Guardian runners & coaches will run (more or less) continuously for 60 minutes!

We ask that you make a monetary 'pledge' (see flip side) for each mile that we complete!

For example... Say we run 200 total miles and you pledge 50c/mile... $200 \times \$0.50 = \100.00

Too much math for ya? Please feel free to donate a fixed amount, and/or directly at...

www.stmichaelchesterton.org/donate/

...with "Cross Country" (and sponsored runner, if any) on the memo line or comment box!

ALL DONATIONS APPRECIATED! NO DONATION IS TOO SMALL!

Thanks & God bless you for your support!

A St. Michael tradition - now in its eighth season of excellence!



PROGRAM ACHIEVEMENTS (since 2018)

- ✓ Gents... 'Top Ten' finishers at State for last SIX years!
- ✓ Gents... Regional Champs or Runner-up for last SIX years!
- ✓ Ladies... State Qualifiers in three of their first four seasons!
- ✓ Twelve All-State performances in program history!
- ✓ Eight program graduates advanced to run at college level!
- ✓ Our largest XC program ever for the 2025 season!



YOUR PLEDGE for the **HOUR of POWER!**

Name(s) _____

Address _____

Email _____

Phone(s) _____

Pledge per Mile \$ ____ x ____ (team miles) = \$ ____

OR... Pledge a 'Fixed Amount' (not mile based) = \$ ____

Return pledges to Coach Rudnicki at... LRUDNICKI@STMICHAELCHESTERTON.ORG or 719-650-6149.

Please make checks to "St. Michael High School", a non-profit 501(c)(3) charitable organization (EIN #83-1363787).



ST. MICHAEL HIGH SCHOOL
A CHESTERTON ACADEMY